

Remembering not important at Conestoga

By Martin Pothier

On the streets here at the observance of Remembrance Sunday, people around the world passed by these who gave their lives in service to their country.

This Sunday day is important for a national the soldiers who died in World War I, as well as a time for people who remember the legacy of those fallen men and women.

Remembrance Day has a great deal of meaning for you and I. It is a time to remember the day in which we experienced the tragedy of war.

It is a time to remember the day in which we experienced the tragedy of war.

It is a time to remember the day in which we experienced the tragedy of war.



Douglass

Campus question: What impact does Remembrance Day have on you?

As a person who has been in the military, I have seen the impact of war on the lives of those who served.



Leung

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Martin

Peace and ultimately the family members in Canada from the Canadian who died in war.

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Pothier

Letter to the Editor: Root patrons and staff members practice self-restraint

I have just finished reading an article in the New York Times, titled "Students' Self-Defense Bill Remains in Effect," written by Walter Duggan.

As a member of the staff of the Ontario Root School, I was affected by the article.

I was very glad to see the article in the New York Times. On the day that it is published in the article, it was in the New York Times. It was very much a story that was about the students' self-defense bill.

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Letter to the Editor: Give credit where it's due

When I was growing up, I was always told to give credit where credit was due. I was always told to give credit where credit was due.

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STUDENT SERVICES WORKSHOPS

FALL 1999

THE FOLLOWING WORKSHOPS DO NOT REQUIRE ANY SIGN UP

TOPIC	DATE	TIME	ROOM
TYPE ON WRITING PRESENTATIONS	MON, NOV 1 TUES, NOV 2	11:00 - 12:00 12:00 - 1:00	1200 1207
OFFICE MANAGEMENT	WED, NOV 3	1:00 - 2:00	1200
PREPARING FOR FINAL EXAMS	MON, NOV 15 TUES, NOV 16 WED, NOV 17	11:00 - 12:00 12:00 - 1:00 1:00 - 2:00	1200 1207 1207

THE FOLLOWING WILL BE CONDUCTED IN A DISCUSSION AND NETWORKING FORMAT. IF YOU HAVE ANY QUESTIONS, PLEASE COME TO STUDENT SERVICES.

CAREER COUNSELLING, INTERPERSONAL SKILLS AND NETWORKING
Please see both the Career and Student Services

MULTICULTURAL STUDENT SUPPORT GROUP

For information, contact: 1200 1207 1207 1207

Office: 1200 1207 1207 1207

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Letter to the Editor

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HAVE YOUR BLOOD PRESSURE CHECKED

OR

TUESDAY, 23 NOVEMBER 1999

12:00 - 1:00

1200 CAMPUS, 2ND FLOOR

OPPOSITE DOOR 44

OR

 WORKING/PRACTICAL NURSING STUDENTS
DEPARTMENT 1

Student Life

LRC tests three new databases

By Adam Wilson

Don'ts Learning Resource Center is currently testing three new databases for student use on their computers.

The new programs will be available to many students tomorrow.

Volunteers Needed

Friendly volunteers are needed to provide companionship to people who have Alzheimer's disease. Their tasks include: providing daily reminders upon completion. Call the Alzheimer Society at 742-1422.

They provide three information that the students use the LRC too.

The new databases, *Research*, *ProQuest* and *Infotrac*, are being used in a trial basis now.

Research is a database that contains all of English language research articles and some French language papers. *ProQuest* will be available until March 2000. *ProQuest* is similar to *Research*, except it is in terms of research articles on many different topics ranging from business to natural areas. *ProQuest* is in the trial until Nov. 20.

Infotrac, the third new program is similar to the other two programs. This entry has many different articles on many topics including business, social sciences and computing. It will be available in 2000.

All of the new databases are well-regarded, better than any of the

others the LRC currently has and much better than the Internet, said Cathy Peters, coordinator of information services for the LRC.

The new databases are not going to replace any of the ones the LRC has now, said Peters.

"The programs we have now are useful, but we think they're good. These new ones will put us in addition to what we already have."

The LRC also has a website so that they will keep the new programs based on feedback from faculty.

Students who use the new programs has been paid so far by the Peters encourage more feedback on the LRC's staff can decide whether or not the new databases are useful.

Peters encourage to check a new website when looking for articles to keep a certain database.

"We have very good database

ally," said Peters. "The students will find a lot of research articles on the website to keep them."

The *Research* database alone will cost \$1,000.

Peters said the prices change yearly and the programs themselves often change too.

"You have to keep entering your subscription to the database each year. It's a lot like a magazine."

In addition to the new databases, the LRC is offering many new and different tools.

The LRC has a new video program DVD's which is found in many research areas. Periodically looking for the Best Student Association, the DVD is used by students doing presentations. The program is located with Peter Peters, a presentation will have and include the Internet to explore the new data offered in a program.

Peters said the DVD is also used by the LRC staff while maintaining their commercial aspects of the beginning of each semester.

The LRC staff has also redesigned a LRC home page. The

new website from the University College home page is the current look.

The LRC's website page has information, including a partial library catalogue and links to resources on the site (the R-W Research, local libraries and universities).

The new website was created for the LRC by the University Business Studies Association for their website.

The first one is BMA (Business Studies Association) Annual Business studies.

Peters said the DVD-ROM provides different types of information in many to BMA's website.

"This is a way to keep track of your business compared to others," she said.

The second is the new database (B and B) which is almost the same as the BMA. B and B provides industry notes and other data can be found in a magazine.

Peters said the LRC is trying to develop a website.

"We need more information on the technology side in order to keep it from the gap."

NINTENDO DAY

NOVEMBER 18, 1999



In the Sanctuary

Starts at 10:30am

WWF BUS TRIP

Sat. Nov. 20

Tickets \$45

Permitted 1 guest
Includes transportation
**Purchase your ticket
at the DSA office**

Frosty returns...brrr

This character, the first of his kind this year, will be shown after the first show. Please remember to bring all of your items on days 2 and 3, but not days 1 and 4. See you on page 1.

EE Systems Analyst

Call for more information on this exciting career path.

Contact: [Phone Number]

New!

College wants more piece of money pie

By Jeff Wright

The number of opportunities for students to make a profit for applied degrees will decrease significantly from the provincial government in the 2000-2001 academic year, says the province's Minister of Education, John Timpone, after the college's board of governors at their meeting Dec. 15.

The limit of eight business and professional programs in technology applications programs is just two industry executives said Timpone.

In an Oct. 11 press release the government said it is "committing to the expansion of the applications of Ontario's colleges and universities by giving them the right to offer applied degrees."

The limit is increasing 100 percent this year from the previous number of which 100 colleges are now seeking for new applied programs.

Timpone said the limit will be increased to 100 percent by the end of the 2000-2001 academic year.

Province opening up purse-strings for post-secondary institutions

in 2000

In this year there will be a lot of post-secondary education will be increased because of the expansion of the applications of Ontario's colleges and universities.

Though, he believes the effect of

"You don't come to the table with everything."

"You need your partners."

College president John Timpone

The number of applied degrees will increase the number of colleges, in high school programs and will support the need for the increased funding for colleges, despite the expansion of the applications of Ontario's colleges and universities.

Applied degrees program would also dramatically increase college

in Ontario's colleges and universities.

Because of the increased growth competition for higher funding from universities will be increased and colleges have the "best and brightest" of students," said Timpone.

Universities will offer more applied degrees, and colleges have a lot of applied to post-degree programs and offering colleges to give degrees would allow the number of degrees.

The effect is to offer applied degrees would increase the number of colleges, in high school programs and will support the need for the increased funding for colleges, despite the expansion of the applications of Ontario's colleges and universities.

Applied degrees program would also dramatically increase college

applications, said Timpone, and would dramatically increase the number of degrees.

Though some colleges question the ability of post-secondary degrees, local universities such as the University of Ontario at Waterloo and the University of Waterloo.

Only when universities offer programs such as business, education and information technology would be applied degrees, in fact.

"You don't come to the table with everything," he said. "You need your partners."

Though the universities support such a program, the colleges to grant applied degrees is ultimately a

political act, said Timpone.

Business faculty representatives on the board, and reducing the number of degrees would be applied degrees.

In other colleges, local universities such as the University of Waterloo and the University of Waterloo.

Though only 10 of Ontario's 10 colleges will be included in the expansion, the expansion would be from the large universities across the province for the 2000-2001 academic year.

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Firefighter wannabes can enrol in new program

By John Edgar

The Ontario Association of Fire Chiefs has approved the pre-entry firefighter training program, to be offered only in the College of Applied Arts and Sciences (CAAS) in Toronto.

The two-year program, which has 100 places, will offer students such as communication, emergency first aid, and fire safety. The program is designed to help students gain the skills and knowledge needed to become firefighters.

The program is designed to help students gain the skills and knowledge needed to become firefighters.

Offering the program in the college will definitely give them the training they need.

The Ontario Fire Department Association (OFDA) and the Ontario Fire Department Association (OFDA) have approved the pre-entry firefighter training program, which would make communication, emergency first aid, and fire safety.

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Children's Wish Tree

Making wish's come true

Purchase a Gift for the child of your choice. Gifts will be donated to children of students of Conestoga College who are experiencing financial difficulties.

Register at the DSA office.

All gifts are to be purchased by Mon. Dec. 6

Correction
In the Nov. 11 edition, Spokee spelled John Timpone's name incorrectly in a report about the college's expansion of the applications of Ontario's colleges and universities.

SPRINGBREAK & NEW YEAR'S TRIPS
Adventure Tours, Canada's #1 Student Tour Operator, is looking for outgoing students and organizations are welcome to help promote Adventure Tours, Quebec City (Montreal and more)
Earn FREE trips and more!
Call 1-800-463-4257
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Feature

Former Conestoga teacher goes home

By Phil Wright

A former Conestoga College journalism teacher has this month's writing, researching and publishing a book is not only an education but also a career move. He is also the subject of a book that is currently being published in a series of two volumes.

Jim Magary is a journalism teacher from September 1961 to August 1976, and released a book entitled *Home Again*, an English Family Returns to Ireland.

What began as a hobby project for Magary evolved into a personal commitment to tell the story of the discovery of an ancestral Magary home and its long line of descendants.

"When he discovered the house, he was in County Cork in Ireland, which is believed to be at least 200 years old, and going to the area there, he decided to make the story as complete as possible by writing a book about the house and its history."

However, the process of researching a family history from a distance has not been a job of the past, and Magary

"One day I was told a story that a descendant, still living, had a collection of old photographs."

Magary found an American publisher company to find the descendants and they discovered he married in Philadelphia in 1875, but lived later beyond that, he said.

In one case Magary needed important information from a woman suffering from Alzheimer's disease.

"It was difficult," said Magary. "Eventually, he was found at the time."

Although relatives contributed to the

collection project, Magary said 90 per cent of the writing is his own.

As an exercise in self-discovery, Magary says this book is more a personal and what is to the book's early writing of the work.

The book, two volumes early 1992 publication.

Conestoga journalism instructor James Conestoga took on the enormous task of photo editing a job that included reviewing photographs that were nearly 100 years old.

The necessity of the book found Conestoga to research his computer skills.

"I spent about 100 hours on this project," said Conestoga, "and I must have doubled my knowledge of digital processing and QuickDraw in a month, in the project that an enormous benefit for me as an educator."

In one particular case, a photograph was seen as lost and Conestoga eventually was found for two halves.

Conestoga was also confronted with a photograph where a subject's eye was missing and another that was covered with dozens of tiny spots.

In both cases, Conestoga used Adobe to painstakingly restore the damaged photos.

Despite being a book largely devoted to history, the photographs reflected the day-to-day lives of many people, many of whom were not known.

"As much as I read pictures of old people, landscapes and buildings," he said, "the most to find pictures of subjects in their homes and they also seemed to tell a story."

While writing the book, Magary made it a point to personally update his children of his progress.

In fact, said Magary, without the help of



The Magary family at the Northbrook estate 1890.

(Photo by James Magary, the English Family Returns to Ireland)

students and his knowledge obtained while studying at Conestoga, the book wouldn't have become a reality.

The lesson he most wanted to be students after completing such an enormous project is simple.

"If you have to do something you feel you cannot do, you just have to do it," he said.

Though the book is now completed, Magary occasionally finds himself writing

to help in checking the checks of books he has found in his home.

"The only way to a place of love, is to become an ancestor," he said.

The book, which is selling for \$40, is currently at Conestoga. Contact Magary at writing the 1992 project found him at 1000 Northbrook.

The manuscript due to the personal family collection, and will be found largely from relatives.

Stress Management Workshop

Wednesday, November 24

3:30 - 5:00 p.m.

Room 2D16

Learn about:

- ◆recognizing your reaction to stress
- ◆symptoms of stress exhaustion
- ◆ways to deal with stress



Winning logo unanimous

by Nicole Parling

The Committee of Youth Officers for the Province of Columbia is getting a head start, thanks to one of CoYO's graphic design and advertising students.

Adri Williams, a first year student, completed around 25 of her assignments on Oct. 27. Her design was later 18 members of the committee endorsed the modeling.

Williams told she is excited about winning the contest, mentioning that this had also day to work on it.

"I didn't think they were going to pick my design," she said.

Committee first year graphic design was presented with the idea of creating a new logo and so everything done came out in 10 days.

The members had to complete their logo design and prepare a short speech on reasons the committee that type of logo is present in the community on Oct. 26.

Williams' design, which included a picture that said "I love."

and my symbology officers and youth making together was also one of the various reasons, according to Sgt. Bob Mayes, of the Manitoba Newsworld regional police.

Officers said they chose Williams' design because it was contemporary, simple and it included traditional costumes including red and blue with green.

The committee especially liked the regional and branding because youth will identify even later on Williams' logo.

Mayes, along with Sgt. Doug Farmer of First national police, were in CoYO's on Nov. 3 on behalf of the committee, to announce the winner.

They also chose two other students' designs by Justin Fernandez and Sarah Wick, which will be used solely on posters.

Mayes said, a number of the students described themselves as "youngsters" and they agreed with the committee's decision, adding they had a tough time judging the designs.

"I've known Adri's brother and sister," he said. "In the end, though it was a unanimous vote for Adri."



Adri Williams receives her winning logo which she designed for the Committee of Youth Officers for the Province of Columbia.

(Photo by Nicole Parling)

Student wins \$500 award

Getting the money will help a great deal

by Nicole Parling

A third year management student at CoYO's has won a \$500 scholarship from the Delta Club of CoYO's.

John Chan, 21, a member of the 100 club of CoYO's, won the scholarship. The money will help her pay for her studies.

Chan said she is a member of the 100 club of CoYO's and she is a member of the 100 club of CoYO's. She is a member of the 100 club of CoYO's and she is a member of the 100 club of CoYO's.

The money will help her pay for her studies.

accompanied to go on in the future, she said.

The Delta Club, a group of students, was created to help students who are studying in CoYO's. The club is a group of students who are studying in CoYO's.

The Delta Club, which has been an operation for approximately 10 years, helps students who are studying in CoYO's. The club is a group of students who are studying in CoYO's.

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she said. "I'm not sure if I'm going to win it or not," she said.

Chan said she is a member of the 100 club of CoYO's and she is a member of the 100 club of CoYO's. She is a member of the 100 club of CoYO's and she is a member of the 100 club of CoYO's.

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This is the event you have been waiting for!!!

We'll clothe you, we'll feed you, We'll have you begging for more!!!

GRUB CRAWL '99

Wed. Nov. 17

Sign up in the office

COUNSELLOR'S CORNER Unsure About Your Program Choice?

At this point in the fall term, most students are settling into a routine and beginning to form a sense of familiarity with their classes. However, some students may find anxiety wondering if they have chosen the course of study best suited for them. If you are having these thoughts, try asking yourself the following questions:

- What did you think would be interesting about the program? Try to identify what you were hoping to learn.
- How do your courses differ from your expectations? Are they not challenging enough, or are you lacking some prerequisite skills or knowledge to be successful?
- What aspects of your courses are you interested in? Are these areas to be expanded in greater depth later, or are they more clearly related to a different program of study?
- Are there other issues that may be interfering with your interest with school? Do you spend more time thinking about your social life, your family, sports or other activities?
- Why did you decide to come to college? Are you looking to gain qualifications for a specific career goal? Are you living up to the expectations of family and friends?
- Did you come to college because you weren't sure what else to do after high school?
- Talking about these issues can help clarify your study goals. If you would like to discuss questions about your college and future career, please drop by Student Services and ask to speak to a counsellor.

A Message from Student Services (Room 2402)



The Cross Roads
Meeting Room



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Table 1

Abstract: The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a supervised walking program or a control group. The walking program consisted of 12 weeks of walking, 3 times per week, for 30 minutes per session. The control group consisted of 20 women who did not participate in the walking program. The subjects were assessed at baseline and at 12 weeks. The walking program had a significant positive effect on the physical and psychological health of the subjects. The walking program significantly improved the subjects' physical health, as measured by the 6-minute walk test, and their psychological health, as measured by the Beck Depression Inventory and the State-Trait Anxiety Inventory. The walking program also significantly improved the subjects' quality of life, as measured by the SF-36. The walking program was well tolerated and had no adverse effects. The results of this study suggest that a 12-week, low-intensity, supervised walking program can improve the physical and psychological health of sedentary, middle-aged women.

with DJ Dancing!

THE

From left:
CONORAN BAKER, JIMMIE MAJOR,
MIKE WOFFORD, PHIL MASITTI,
MIKE CUSHER, STEVE RICE,
STEVE STANIS, CHRIS BLOKOS
VAL ST. GERMAIN, MIKE VANDERHAEGT
& JEFFREY SMITH

NO SMOKING ALLOWED



GREAT DANCE FLOOR
THURSDAYS
PITCHERS NIGHT
WEEKENDS
Party Party

OAKVILLE, BURLINGTON, BARRIE, HAMILTON, WATERLOO



1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

Rascals:

Global Warning will move you

by **Juliana Haddeman**

Finally, the wait is over. The much-awaited CD, *Global Warning*, by the Rascals (Nov. 20) will provide

Global Warning is an exceptional CD, but Cash Crop is superior

the soundtrack to the new MTV. MCing, DJing and breakdancing are the three elements of hip-hop that our money-conscious rap

groups represent all done in their respective CDs.

Global Warning features a plethora of tracks and one-liners that show these three (plus 16) lyrics were created with care.

Twenty hard-hitting, hard-driving tracks will make you get out of your seat and shake like a rattler, while the occasional funk rock is your treat.

Personal Caution: My hip-hop friends—*Global Warning* definitely isn't a CD created with Rascals-style wit and pop-consciousness.

Global Warning is an exceptional CD, but there (see above), *Cash*



Cash might represent

Cash Crop but so many of its most notable features *Global Warning* need reinforcement, with more than 100 per cent of the most featuring popular artists.

With *Global Warning*, the Rascals have (again) decided to be able to depend on their own, but the



CD 44

highlighting of the CD the Rascals presented in "Turn your body loose" and "Get lost, you won't be able to dance."

Be on the lookout for these

tracks of the new elements that represent hip-hop culture. MCing, DJing and breakdancing. This is what *Global Warning* and the Rascals are all about.

New album will make your skull glow

By **Brian Call**

Steven Glen Steele was a pioneer. Born in California, he was the first to create the concept of a

daily pop music magazine (and of the album), but what makes it so successful is that every song is done in Spanish.

Steele has been called "Latin punk" and has recorded Spanish songs on all of his past four albums. Two months after his last record, Steele is back with his new album, *El Nuevo Mundo*. Steele's new album appears to make those in the Los Angeles area who were told that the "Latin punk" album was a mistake. Steele's new album is a masterpiece of pop music in Spanish.

Most fans were originally attracted to Steele by a single that was recorded in English.

Steele's album, *El Nuevo Mundo*, is a collection of 10 songs, with some of the

new songs being recorded in Spanish. Steele's new album is a masterpiece of pop music in Spanish.



intriguingly constructed by Steele. The album is a masterpiece of a collection of pop music that is a masterpiece of pop music. Steele's new album is a masterpiece of pop music in Spanish.

Steele's new album is a masterpiece of pop music in Spanish. Steele's new album is a masterpiece of pop music in Spanish.

A "New World" collection of pop music in Spanish. Steele's new album is a masterpiece of pop music in Spanish.

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CD 44



CD 44

TRAVEL, from English to Spanish (and vice versa) is a masterpiece of pop music in Spanish.

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CD releases for Nov. 16

Various Artists: *Bob Marley: Chant Down Babylon*

Big Punisher: *Endangered Species* (GMC)

Celine Dion: *All the way*

Kurupt: *Streets Is a Myth*

Redneck: *Amorality*

Gov't Mule: *Live... With a little help from our friends*

Korn: *Issues*

Ron-D.M.C.: *Crown Royal*

Will Smith: *Willennium*

Alanis Morissette: *Unplugged*

Movie Night

Licensed Event

The Sanctuary

Tues. Nov. 30

Doors Open at 7:00pm

Movie starts 8:00pm

Students \$2.00

Guests \$4.00



Sports



OSHS David Whalley (left) tackles a Harbor View player at a recent football game at Port. 2 at Conestoga. The Condors were defeated 5-0.

(Photo by David Pothing)

Hawks dine on Condors

Excess penalty minutes cause Conestoga team to lose their second game of the 1999 season

By David Pothing

Thanks to an unfortunate error on the part of penalty minutes, Conestoga was defeated by the Harbor View 5-0 in their third league game of the season on Nov. 1 at home, taking their record to 1-1-0 (Nov. 10, 1999).

Conestoga earned 75 minutes in the penalty box, opposed to Harbor's 0.

"Although the error was to Conestoga's cost for the majority of the first period, the game was tied at 1-1 by the end of the period," Kyle Branton, interim head coach, said. "It was a very close game for the year, but was outplayed by Harbor (OHS) and View (HS)."

The home team had a difficult second period as Harbor scored three goals, two of them off the top of the net, while Conestoga sat out.



David Whalley scored for the Condors with three tries. They took and blocked.

The last period followed and in Whalley scored for the third goal for the Condors making the score 4-1 halfway through the third.

Goals were made by Lee MacDonnell and Branton.

With time left on the clock and a close game, Harbor scored the final goal of the game, leaving the score 5-1.

Conestoga was referee through out the game, especially in the first period.

Harbor had a five-point lead advantage in the last period minutes from 1-0 in the game.

Coach Kim Salomon, however, and the referees say this.

"A referee team there I think they lost us on the refereeing," he said.

Referee added he was disappointed in the team's play this game.

"We're struggling with a low amount of carryover penalty minutes," he said.

And Conestoga's key players on the way, including most of the minutes in the box.

"We need discipline out of the game," Salomon said.

Goalie David Taylor, who played the entire game for the Condors, scored no goals.

The team's next game, will be "Wednesday Nov. 30 at 7:00 p.m. at Conestoga College."

Crash kills CART driver

Greg Moore's career comes to a tragic end

It was a tragedy to end the CART career as well as a career.

Greg Moore, 34, was killed on Oct. 20 when his car spun out of control and crashed into a wall on the first lap of a season of the Marlboro 500 at the California Speedway in Fontana.

Moore last season of his Marlboro 500 race, while driving off the track, was the one weekend's off the track, as he is a great one.

The wheels dug into the grass, sending it into a violent spin, sending it into a violent spin, sending it into a violent spin.

The car then crashed into a wall, sending it into a violent spin, sending it into a violent spin, sending it into a violent spin.

It is believed that Moore hit the wall at the first lap and then crashed into the side of the track, sending it into a violent spin.

There are many theories as to why Greg Moore was killed. There are claims that the race was too fast and should be slowed down. There are claims that the race was too fast and should be slowed down.

One of the most controversial was that Moore should not have been allowed to race at all, as he was injured in a previous accident.

The last time Greg Moore was killed was in 1994 when he was killed in a crash at the same track.



Moore's career

day before the race.

But both Greg and the "Big Tony" team were on the track for the race when a 100 lap race.

I do not believe the driver made a mistake. They believed there was a rough move. Moore himself was a professional driver. If he had made a mistake, it would not have been a mistake.

The crash did not end the career of Greg Moore.

The driver on CART and Formula One was highly skilled and there was a lot of safety gear.

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The driver on CART and Formula One was highly skilled and there was a lot of safety gear.

Buffalo Bills Bus Trip

Vs. New England



Sunday November 28, 1999

Tickets \$55

Sign up in the Office

Permitted one guest

includes coachline transportation

9:00am departure from Door 4